




## Welcome Back to School 2016-2017

Hello, I am Kristin Skwirut RN, your school nurse at Spratley Gifted Center. It is always my pleasure to care for your student/s each year. As a school nurse, I cannot diagnose illnesses or conditions, but I can assess your child's health and make recommendations. Students should become active participants in their own health care. My door is always open to you, both, to discuss any concerns that you may have. **A healthy mind and body promotes academic excellence. I am anticipating a great year!**

Please refer to the following information:

- **Emergency Cards-** Please **update** changes to contact information throughout the school year. *This may be the only way we can contact you of your child's condition/need.*
- **Medication- All medications, (including over-the counter), require an order from a licensed practitioner.** The practitioner must complete the proper medication permission form(s). *Medication must be brought to the clinic by a parent, guardian, or designated adult. It should be properly labeled, in a pharmacy issued bottle. It is the responsibility of the parent/guardian to provide refills as needed throughout the year and to pick up unused medication at the end of the year. All medication not picked up will be discarded.*
- **Screenings-**Third and Seventh graders will be screened for height, weight, body mass index, hearing, and vision. *Parents who choose not to have their child participate may opt out by providing written notice 10 days after enrollment.* Scoliosis information is provided to all middle school parents and students with the first report card.
- **Allergies- For students requiring medication for severe allergies it is imperative that all paperwork and medicine is provided to the school nurse. The Severe Allergy Medical Management Plan can be found at the website below or in the clinic.** Each year brings more students with severe food allergies. Please follow our WELLNESS POLICY given in a pamphlet or at the website.
- **Crutches/wheelchairs-**All devices that are required to assist mobility **must** have a physician's order and the parent/guardian will provide the device.
- **Illness-** To prevent the spread of illness, do not send your child to school if he/she is sick. Your child needs to be fever free for 24 hours **without** fever reducing medicine. **Please notify the school if your child is absent due to illness.**
- All medical forms can be found at:  
**<http://www.hampton.k12.va.us/departments/health/health.htm>**

Respectfully,

  
Kristin Skwirut, RN  
Spratley Gifted Center  
Phone: 757-850-5039 fax:757-850-5186

### Hampton City Schools Non-Discrimination Notice

Hampton City Schools does not discriminate on the basis of race, color, national origin, sex, disability, age or other protected classes in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Robbin G. Ruth, Executive Director of Human Resources  
One Franklin Street, Hampton, VA 23669; 757-727-2318



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